

Social Value Evaluation

1st stage



Co-funded by the
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Social Value Greece



Social Value Greece is an official member
of the **SOCIAL VALUE**
INTERNATIONAL



The SROI (Social Return on Investment)

Social Return on Investment (SROI) is an approach to measuring and understanding the future financial impact of an organization. While SROI is built on the logic of cost/benefit analysis, it is different in that it is designed to measure the comparable accountability and value of organizations whose results cannot always be easily measured in money.



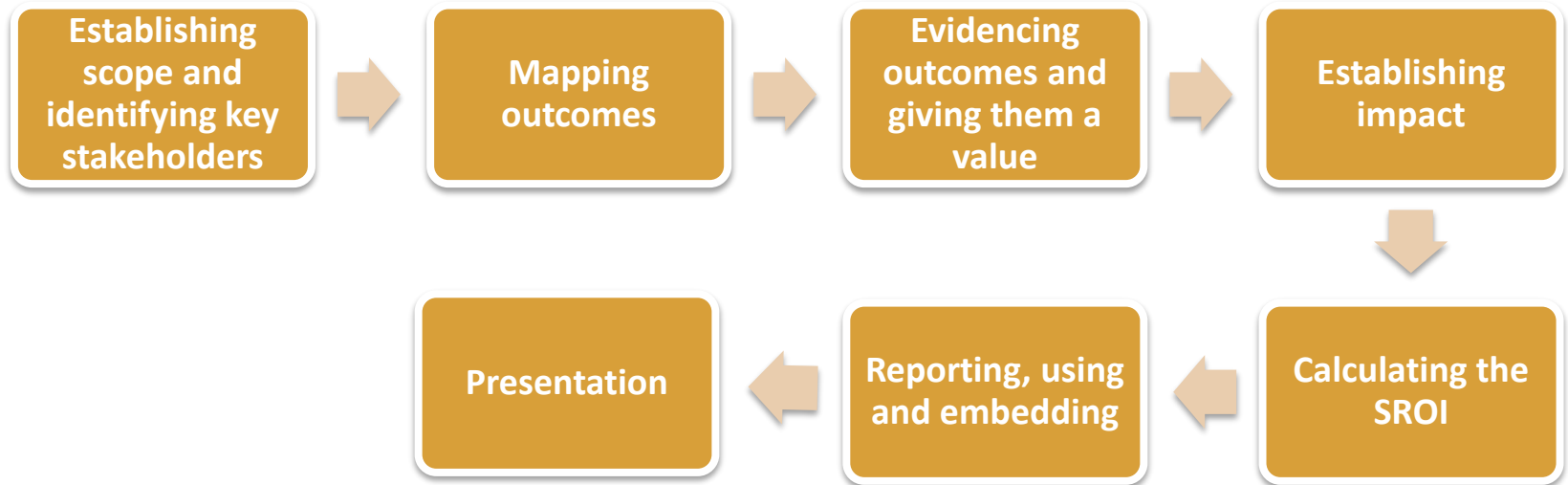


The Principles of SROI

- Involve stakeholders
- Understand what changes
- Value the things that matter
- Only include what is material
- Do not over-claim
- Be transparent
- Verify the result

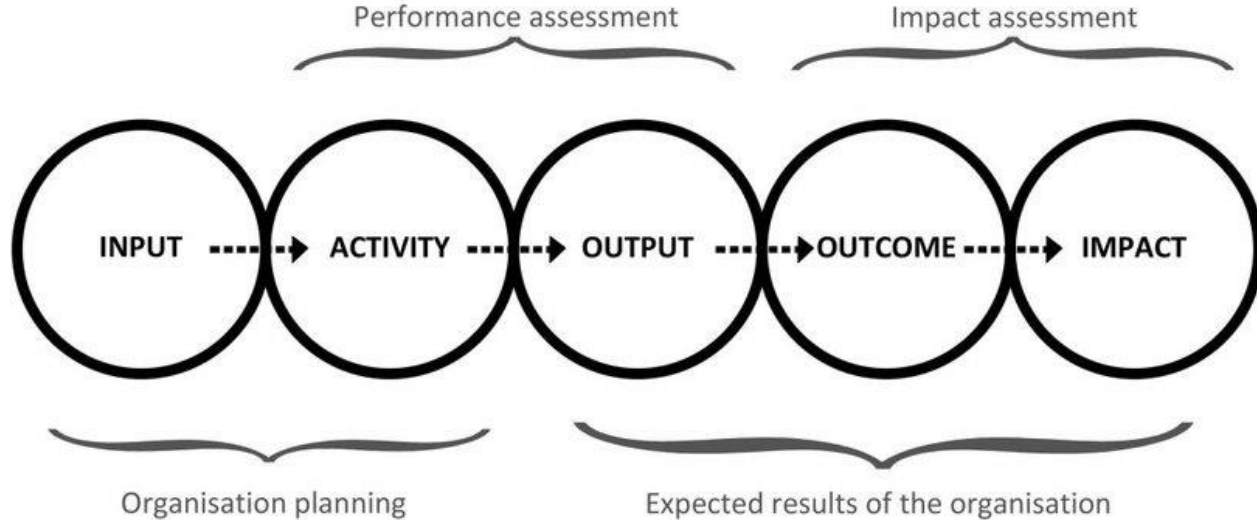


The steps of SROI





The theory of Change



Social Impact



I HAVE NO IDEA
WHAT'S GOING
TO HAPPEN.



AND I LOVE IT.

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Stakeholders

1

- ✓ Participants - Treated Members
- ✓ Instructors
- ✓ Health professionals
- ✓ Partners



Interim Evaluation

Participated the 100% of the partners.

KETHEA

A-larm

University of Thessaly

Asociación Experientia

Coolmine

CEIS Reggio E.

Equal Society

MONAR

Sport2live

Czekobanda



How do you think the RTS+ project will change the participants lives and your Organization mentality ?

- ✓ We feel proud to be able to spread the word of this methodology within our country**
- ✓ We will become more self-confident and courageous in our work**
- ✓ It will provide participants with tools that can be used as an additional element of therapeutic process**
- ✓ The Organization will benefit from this project by gaining primary knowledge**



How do you think the RTS+ project will change the participants lives and your Organization mentality ?

- ✓ Putting an emphasis on pro social activity will serve to benefit the clients recovery & mental health**
- ✓ It will place sport activities on the curriculum of therapy tools available and it will be recognized as a valid approach to addiction treatment.**
- ✓ It will give some support policies and structure on the recovery with the clients**
- ✓ The project will bring awareness regarding the application of sport and physical activity programs as a vehicle to support people who are under treatment for substance use disorders.**



How do you think the RTS+ project will change the participants lives and your Organization mentality ?

- ✓ Is the first time that attempts are made to promote the sport-based application in the treatment of addiction, based on scientific data. In this sense, we aim to strengthen the implementation of exercise programs in the field of addictions by promoting new alternative treatment models.
- ✓ It will expand our vision and knowledge of the potential uses of sports in the rehabilitation of people.
- ✓ It gives us insights and resources to learn how to create a network of professionals within our country



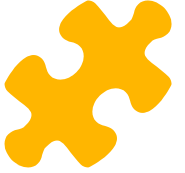
How do you think the RTS+ project will change the participants lives and your Organization mentality ?

- ✓ **The RTS+ project can stimulate in professionals reflections on the impact of sport and physical activities on users' lives and can also make users reflect on the importance of physical activity and sport for their well-being. These insights, backed up and supported by the research, could produce change in therapeutic programs and organizations**
- ✓ **In many therapeutic facilities in our country, sports and physical activities are not considered as part of the therapeutic process. We hope to produce a change of mind or, at least, a higher acknowledgement about the importance of having spaces and times dedicated to that.**
- ✓ **The dissemination of the RTS+ project can raise awareness among both people in treatment and professionals of the benefits and the need to implement physical exercise programs in the treatment of people with drug and other addiction problems.**

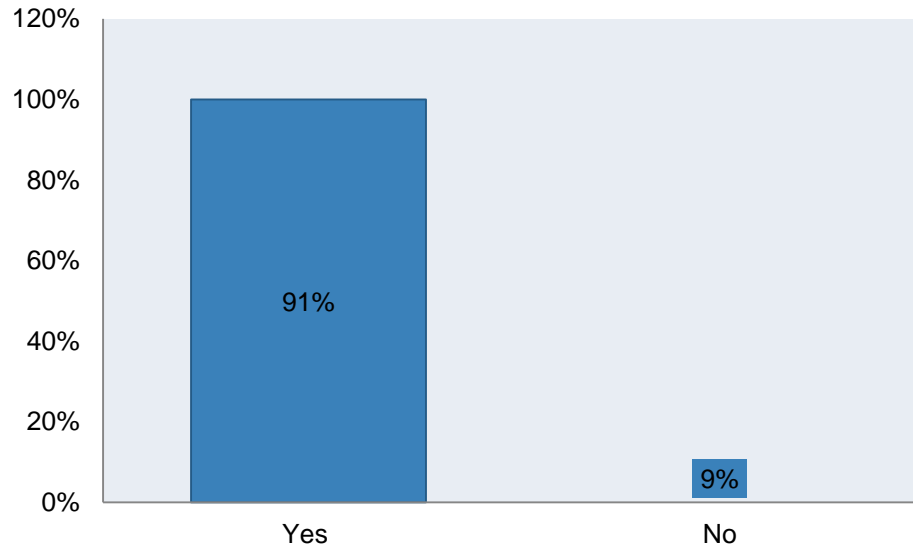
On average, how much time do you put in per week to support this project?



4,2 hours/per week



Do you believe that, the RTS+ project will affect your organization?





Expected benefits...

- ✓ **It broadens our scope and enrich our work**
- ✓ **We expect to enrich our style of work**
- ✓ **Will increase future collaborations**
- ✓ **Will improve our know-how**



Expected benefits...

✓ **Drug addiction treatment is not the focus of our organization, since we focus on experiential learning and personal development. We will become more experienced in developing experiential learning modules for people in drug addiction treatment.**

✓ **Data from study will inform us**

✓ **Putting an emphasis on sports will benefit the clients recovery/mental health & well being**

✓ **RtS+, as a project we are involved in, is promoted from the communication channels of our department and central university services.**



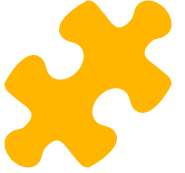
Expected benefits...

- ✓ Since one of our central teaching practices is the use of our research expertise, the research we conduct through the project is embedded in our teaching, therefore our university students both undergraduate and post graduate are getting the knowledge derived from the RTS+ project
- ✓ Several students in our University expressed a special interest and 2 of them already have been involved in the project. Both are master level students and one did her practicum and the other one her master thesis.
- ✓ By reviewing the role and the implementation of exercise programs in addiction treatment. By promoting the organization as a pioneer in investigating in-depth and supporting such interventions.

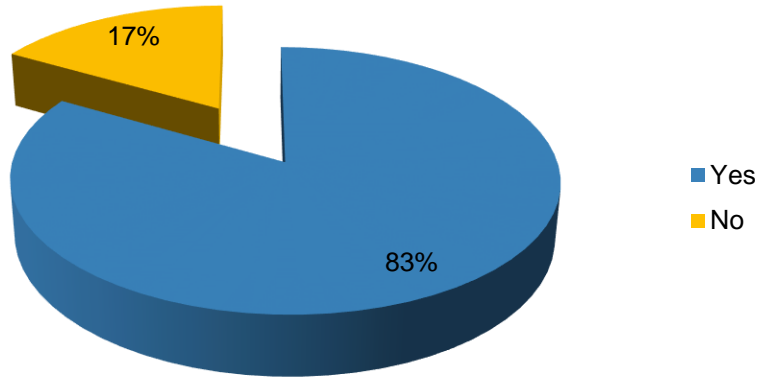


Expected benefits...

- ✓ Is helping us expanding new horizons and getting to know more professionals and people internationally and nationally**
- ✓ Reflection among professionals**
- ✓ Discussions with users**
- ✓ Staff training**
- ✓ Acknowledgment of stakeholders**



Do you believe that, the RTS+ project will affect your life, as a result of being part of this program?





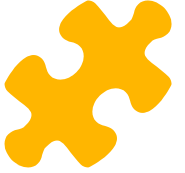
Expected benefits...

- ✓ It will enrich my professional life**
- ✓ It provides me satisfaction**
- ✓ It enhance my future career**
- ✓ It will definitely provide me with more experience and knowledge**



Expected benefits...

- ✓ **Improve as a professional and as a researcher.**
- ✓ **To learn about the functioning of rehab communities at the European level.**
- ✓ **To continue training and deepen my knowledge in the field of addictions and sport, physical exercise, in order to improve sport projects**
- ✓ **Being more sensitive to substance users and being more aware regarding factors that contributed**
- ✓ **Physical activity is very important to me, I think this project reinforces this belief and stimulates me to continue practicing it**
- ✓ **It opens my mind, gives me opportunities to learn, it's a intense professional experience**
- ✓ **The experience I may gain from my participation in the program will help me better understand the benefits of implementing such interventions**



Expected benefits...

- ✓ **RTS+ has made me more aware of the needs of people who undergoing treatment for SUD regarding their interests and motivation for sports and physical activity. Although this awareness did not come from first hand experience but through the research we conduct, enriched my knowledge and increase my sensitivity to their particular needs. To learn about the functioning of rehab communities at the European level.**
- ✓ **The RTS+ network with partners from all over Europe also will contribute to the enrichment of our network as professionals.**
- ✓ **It will be affected the way we structure the sport with the clients by doing some more structure specific programs with the clients.**
- ✓ **Being involved in the RTS will improve my knowledge of the benefits of sports in recovery**



Expected benefits...

- ✓ **Definitely in a way how i spend my worktime. Doing research in drug addiction treatment was not planned :-)**
- ✓ **I will network with international community in this field, deepen the connection with Association Experientia which is inspiring for us. And who knows what comes after**



In your opinion, what are some of the benefits of the project?

- ✓ **Collaboration of the participants**
- ✓ **Planning and organization of the project**
- ✓ **The exchange of information and experience**
- ✓ **We are becoming more self-confident and courageous**





In your opinion, what are some of the benefits of the project?

- ✓ **Just taking part in research of influence of sport activities in drug addiction treatment makes people think about the topic and realize some things about it**
- ✓ **No clear benefits so far**
- ✓ **Inter agency working**
- ✓ **Surveys**
- ✓ **Emphasis on Sports**
- ✓ **While the sports and recovery is not a new idea in Coolmine we will put structures with responsible to work with the clients in a tailor sport care plan**

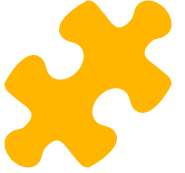




In your opinion, what are some of the benefits of the project?

- ✓ We have managed to disseminate the goals and objectives to a wide range of professionals as well as organizations. We have also managed to organize and apply actions implemented for the first time organized in this field.
- ✓ Creation of network, expanding knowledge, overcoming challenges
- ✓ The dissemination of the project, many Spanish rehab communities have participated by answering the questionnaires, to achieve their participation, the project has been described to them, and they have been shown the web site





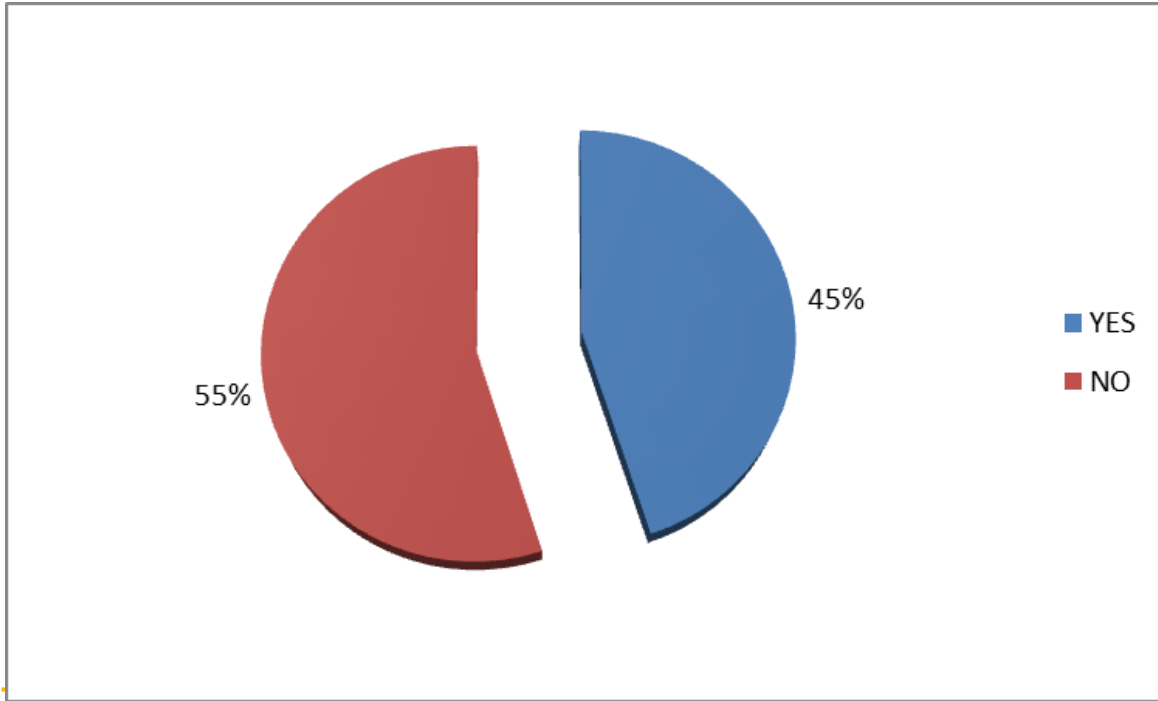
In your opinion, what are some of the benefits of the project?

- ✓ **Offering a tailor-made alternative or addition to current types of therapy**
- ✓ **The systematic review that was done, allows us to have a clear starting point about the project, identifying the weak**





Are there any negative factors during implementation?





Are there any negative factors during implementation?

- ✓ **The Covid-19 pandemic has significantly affected the implementation**
- ✓ **There are challenges that sometimes are hard due many other issues going on in the organization**
- ✓ **The Covid-19**
- ✓ **Few staff members**
- ✓ **Situation of fragile clients (double diagnose and elder addicted persons) who require individualized proposal to access**
- ✓ **There is a lack of physical exercise and sports professionals who have experience**
- ✓ **The combination of a therapist and sports professional is the key to progress in the third sector, when implementing or studying exercise, sport, and its implementation.**

Thank you



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